

St. Stanislaus & St. Pius X & St. Christopher

Parish Priest :
Rev. Father Arulkumar

Parish Secretary :
Faye Wafer

Office Hours :
Tuesday to Thursday
10 AM to 2 PM

Sunday Masses :
St. Pius X - Lively
Saturday : 4:30 PM
St. Christopher - Whitefish
Sunday : 9:00 AM
St. Stanislaus - Copper Cliff
Sunday : 11:00 AM

Sacrament of Reconciliation :
St. Stanislaus - Copper Cliff
Sunday : 10:30 AM to 10:45 AM
St. Pius X - Lively
Saturday : 4:00 PM to 4:15 PM
St. Christopher - Whitefish
Sunday : 8:30 AM to 8:45 AM

Baptism :
Usually on the 3rd Sunday of the month.
Please make arrangements one month in
advance by contacting the Parish Office.

Marriages :
Please make marriage arrangements
9 months in advance by contacting the
Parish office. Saturday weddings are
scheduled at 1:00 PM.

Other Sacraments :
Contact Parish Office

Bulletin Announcements :

Email yours to
ststans@eastlink.ca
Before 12 PM Wednesday

Prayer line :

St. Stanislaus : Faye Wafer 705-682-3207
or Ellen Austin 705-682-4596
St. Pius X : Eleanor Williams 705-692-4061
or Denise Stewart 705-692-4883
St. Christopher : Adrienne McIntyre
705-866-2235

Mission Statement :

By our Baptism, we are committed to
celebrate the presence of Christ in Word
and Sacrament and are continually
called to build our lives in the image of
Christ. Through liturgy and ministry, we
strive to bring ourselves closer to God
and to each other, by building a strong
community of believers and a joyous
family of God.

78 Balsam Street, P.O. Box 910 Copper Cliff, ON P0M 1N0

Tel: 705-682-4683 / Fax: 705-682-2646

Email: ststans@eastlink.ca Website: www.sts-spc.com

7th Ordinary Sunday - February 19, 2023



**But I say to you, Love your enemies,
bless them that curse you,
do good to them that hate you,
and pray for them which spitefully use you,
and persecute you;**

Matthew 5:44

ASH WEDNESDAY

TURN AWAY FROM SIN AND BE FAITHFUL TO THE GOSPEL

Fasting and Abstinence

When do I ...?

Fast and Abstain:
Ash Wednesday and Good Friday

Abstain:
All Fridays during Lent

Who has to ...?

Fast: Catholics who are 18 years of
age, but not yet 59, are obliged

Abstain: observed by all Catholics
14 years-old and older

What is ...?

Fast: eating one full meal, as well
as two small meals that together
are not equal to a full meal

Abstinence: refrain from
eating meat

Note: Persons that are exempt from
fasting include: the physically or mentally
ill, individuals with chronic illness, and
those pregnant or nursing.

40 Days of Lent Begins March 6

Diocese of Victoria in Texas 

Feb. 22, 2023 - Ash Wednesday Mass Schedule

09:00 AM - St. Christopher, Whitefish

10:30 AM - St. Pius X, Lively

06:00 PM - St. Stanislaus, Copper Cliff

Mass Intentions

FOR THE WEEK



Ash Wednesday, February 22

09:00 AM - St. Christopher, Whitefish

No Intentions

10:30 AM - St. Pius X, Lively

† Frances Chenard by C. Regimbal

06:00 PM - St. Stanislaus, Copper Cliff

† Hilda Vande Weghe by Ursula Wittmer

Friday, February 24

09:30 AM - St. Stanislaus, Copper Cliff

For the intentions of St. Stanislaus Parishioners

First Sunday of Lent

Saturday, February 25

04:30 PM St. Pius X, Lively

For the People entrusted to the Pastor

Sunday, February 26

09:00 AM St. Christopher, Whitefish

† Danny Brunne by Darwin & Pat Brunne

11:00 AM St. Stanislaus, Copper Cliff

† Beatrice Nesseth by Albert Nesseth

The Rosary is recited before
Saturday and Sunday Mass.

The Cenacle of the Marian Movement of priests
is held each Tuesday at 10:45 AM
at St. Christopher's Church, Whitefish.

A Prayer Line is available for parishioners.
Anyone wishing to pray for a
special Intention, for someone who is ill,
having surgery, for the deceased, or
any other intention may contact
the Prayer Line or the Parish Office.

Mass Intentions

Offering Masses is a long standing
tradition in the Catholic Church.

An Individual may ask a priest to offer a
Mass for several reasons.

For example, in Thanksgiving, for the
intentions of another person (such as on a
Birthday or an Anniversary), for someone
who is sick or for the repose of the soul of
someone who has died.

Call the Parish Office: 705-682-4683

Seventh Ordinary Sunday

Responsorial Psalm - Psalm 103

The Lord is merciful and gracious.

Weekdays Scripture Readings: February 20 to February 26, 2023

Day	Reading	Gospel
Monday	Sirach 1. 1-10	Mark 9. 14-29
Tuesday	Sirach 2. 1-11	Mark 9. 30-37
Wednesday	Joel 2. 12-18 / 2 Corinthians 5. 20 ; 6. 2	Matthew 6. 1-6, 16-18
Thursday	Deuteronomy 30. 15-20	Luke 9. 22-25
Friday	Isaiah 58. 1-9	Matthew 9. 14-15
Saturday	Isaiah 58. 9-14	Luke 5. 27-32
Sunday	Genesis 2. 7-9, 16-18, 25; 3. 1-7/ Romans 5. 12-19	Matthew 4. 1-11

Sunday Collection - February 5 / 12, 2023

Thank You for Your Continued Generosity!

Church	Envelopes	Loose	PADP
St. Stanislaus, Copper Cliff	\$ 1172 / 407.50	\$ 50 / 25	\$ 770
St. Pius X, Lively	\$ 500 / 960	\$ 37 / 47	\$ 800
St. Christopher, Whitefish	\$ 425 / 525	\$ 45 / 60	\$ 775

The Seventh Week of Ordinary Time

On the **Seventh Week of Ordinary Time**, Jesus gives us one of the biggest challenges to living the Christian life: Love Your Enemies. 'I say to you, offer no resistance to one who is evil. When someone strikes you on your right cheek, turn the other one as well'.

Wednesday is the **Ash Wednesday** and the beginning of Lent..

The **Season of Lent** begins with four days that serve as an introduction to the four Lenten practices of Prayer, Fasting, Repentance and Almsgiving.

Ash Wednesday is a day of fasting and abstinence. We wear ashes on our foreheads to remember who we are and express our desire to turn away from sin and to believe the Good News. The Prophet **Joel** helps us begin our journey: 'return to me with your whole heart'. 'Rend your hearts, not your garments', reminds us that this is an interior journey. The **Responsorial Psalm, Psalm 51**, has the antiphon: 'Be merciful, O Lord, for we have sinned'. Paul, in his **Second Letter to the Corinthians** says, 'be reconciled to God ... we appeal to you not to receive the grace of God in vain ... Behold, now is a very acceptable time; behold, now is the day of salvation'. In **Matthew's Gospel** Jesus gives us a guide for our Lenten practices, 'Take care not to perform righteous deeds in order that people may see them'.

Thursday: From **Deuteronomy**, we are shown our options: 'Choose life, then, that you and your descendants may live, by loving the LORD, your God, heeding his voice, and holding fast to him'. In **Luke's Gospel**, Jesus tells us to take up our cross **daily**. If we decline to be his disciples out of self-protection, we will actually lose ourselves. Really saving our lives is to lose ourselves for his sake.

Friday and Saturday: It is the long tradition of Lent to prepare us for our journey by having us ponder **Isaiah, Chapter 58**, as we begin. 'This is the fasting that I wish' gives us the true picture of fasting: letting God's Spirit transform us. It is a call to conversion. Jesus confirms his desire to help us, 'I have not come to call the righteous to repentance but sinners'.


On the **First Sunday of Lent**, we begin our Lenten journey, remembering how God re-established the covenant, after the flood, and we reflect on how Jesus began his public ministry with a retreat of forty days - led to the desert by the Spirit.

Daily Prayer This Week

In the first part of this week we see Jesus healing and teaching his disciples about the challenges of following him.

In these few days before Lent begins, we can begin to prepare our hearts by asking ourselves how we want Lent to be different this year. What do we want to ask the Lord to give us - and more importantly, we can ask *what the Lord wants for us* this Lent. What gift of generosity, love or attention can we share with others in the weeks ahead? How can we focus on the Lenten season and ask that our hearts be opened to what is real - not to the externals that distract us so much. How will I *be* with my family and friends this Lent? What will I do that sets this season apart from my normal routines? How can I name, anticipate and feel the gifts the Lord showers on me with such love in the weeks ahead?

And every morning, we can begin by sitting at the side of our beds with our hands open on our laps, asking God to help us receive these gifts with open hearts. We can carry that focus with us throughout the day, remembering in the quiet moments what we are asking for. Always, we end our day simply, thanking God for the love and gifts of the day.



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*Providing helping hands to the isolated and vulnerable.
Nous prôtons main-force aux personnes isolées et vulnérables.*

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Be not afraid!
Open wide the
doors to Christ!
- St. Pope John Paul II
Anonymous



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Why do we use ashes on Ash Wednesday?

Ashes are placed on our foreheads on Ash Wednesday. It is done for two reasons: a personal act of remembrance and as a sign or a witness for others. The ashes come from the burnt Palms from last year's Passion Sunday celebration, which begins Holy Week. So, these ashes bring us back to our last celebration of the Passion, Death and Resurrection of Jesus for us. On this first day of Lent, we begin a journey of renewal - from death to life.

When the ashes are placed on our foreheads, the minister says one of two formulas to help us remember who we are and the mission to which we are sent: **'Remember, man/woman, you are dust and to dust you will return'**. **'Turn away from sin and be faithful to the Gospel'**. We are reminded that we are creatures and that our lives were given to us. But, we are also reminded that our lasting home is in eternity, with God. This is not our lasting home. We are reminded that our call is to turn away from sin and to believe the Good News of our salvation in Jesus.

Finally, we wear our ashes as a sign. It is not a boastful sign through which I say, 'Look at me and see how holy I am'. No, it is much more like, 'I'm willing to wear this sign in the world and say that I've been reminded of where I come from and where I am going. And, I've heard the call to turn away from a life of sin and to give my life to living the Gospel of Jesus'.

What does it mean to 'fast'?

To fast is to do without food. Its purpose is to experience the effects of not eating. It also serves to be a penance or a sacrifice - for the purpose of strengthening us. When we don't eat, for even a little while, we get hungry. When we get hungry, we have a heightened sense of awareness. When we eat too much, we have a sluggish feeling. Fasting is a wonderful exercise whenever we want to sincerely ask for an important grace from God. It is not that our fasting 'earns' God's attention, but by fasting, we clarify our thinking and our feeling. It is purifying and prepares us to pray more deeply.

When do I fast?

Catholics are required to fast on only two days of the year - Ash Wednesday and Good Friday. On these days, fasting means something very specific and limited. It means that **one eats only one full meal in a day, with no food in-between meals.** It is understood that two other meals, if one eats three meals a day, should not total one full meal. One might fast in a more complete way, i.e., eating only a portion of a single meal. Of course, anyone is free to fast at any time that it is helpful for their prayer and reflection. It is not recommended that anyone with impaired health should fast in any way. It is also important to note that everyone who fasts should drink enough fluids on a fast day.

What does it mean to 'abstain'?

To abstain is to not eat meat. Its purpose is to be an act of penance - an act of sacrifice, that helps us grow in freedom to make much bigger sacrifices. Many people eat a vegetarian diet, for a variety of reasons, and eating meat is not even an issue. It might be possible to abstain from a non-meal that I really like, on all the Fridays of Lent. It should be noted that many people in this world cannot afford to eat meat or do not have access to it. Part of our abstaining from meat can place us in solidarity with so many of our sisters and brothers around the world.