

## **Guidelines for Returning to Church - Resource for the Faithful**

**As we prepare to re-open churches, please be aware of the following guidelines. We recognize that they may be awkward / uncomfortable and contrary to our culture of hospitality and community. In working to foster a safe environment for all, we thank you in advance for your patience and co-operation.**

### **Before coming to church:**

- **Please check temperature of all family members** before coming to church. If any family members have a fever, please remain home for the health and safety of all. Consult your family doctor.
- **If you exhibit any of the following symptoms, *please remain home at this time*** - cough, fatigue, loss of appetite, shortness of breath, muscle aches, loss of taste or smell, headache, runny nose, sore throat, chills with shakes.

### **Arriving at church**

- **Maintain physical distancing at all times** - 2 metres (6 feet) from others - in the parking lot, church entrance and in church itself.
- **Upon arrival, put on mask / face covering before entering church** (for all those over the age of 3)
- **Parishes will likely be using one entrance only** - it may not be the entrance you are familiar with. Follow direction of volunteers, signage as appropriate.
- **Sanitize hands upon entry** and regularly wherever possible.
- **Pews and aisles will be marked to note physical distancing requirements.** Families and households living at the same residence may sit together; the same 2 metre (6 ft.) distance should be maintained concerning others. **Follow direction of ushers for seating.**
- Pews will be emptied of prayer books, hymnals, etc. Parish bulletins will not be published at this time.
- Holy Water fonts will be empty and not in use at this time.
- If the church hall is used for overflow purposes, it will also be marked for physical distancing - same guidelines apply.

### **Celebration of the Eucharist**

- **Please listen carefully to announcements before the start of Mass. *Follow direction as advised.***
- **Altar servers, lectors will be kept to an absolute minimum during this period of time. *Please do not enter the sacristy unless you have been asked to assist during Mass.***
- Other than a cantor or choir appropriately physically distanced, **there will be no singing at Mass until further notice.**

- ***There will be no offertory procession or collection. Please leave donation in the designated basket upon entry / departure as directed.***
- We ask that people do not hold hands or shake hands during any portion of the celebration of the Eucharist. At the Sign of Peace, a nod or bow to others is appropriate.
- **Masks / face coverings should be removed prior to reception of Holy Communion and put back on after consumption.**
- **During this time of pandemic and under the guidance of local medical health officials, the faithful are asked to receive Holy Communion in the hand by placing one on top of the other, allowing the priest or the Eucharistic Minister to safely place the Body of Christ in one's hand without contact.**
- Follow direction of ushers for communion flow ensuring physical distancing at all times
- **Follow direction provided for dismissal and departure - *exits may be different than those you are accustomed to.***
- **Following Mass, please depart the church so that cleaning may commence. While it is our nature to congregate / socialize in the foyer or parking lot, we ask you NOT to do so at this time.** Please maintain physical distancing.

## **General**

- **If you suddenly feel ill, start coughing or sneezing, please leave the church for the health and safety of others gathered.**
- Children's ministry, prayers groups and other ministries that gather in the church / church grounds are either suspended or operating virtually only at this time.
- **Please use washrooms only if absolutely necessary.** One person or family at a time should be in the washroom. Ensure that all wash their hands with warm, soapy water after using washroom facilities. Please respect physical distancing outside the washroom.
- **If, within 14 days of attending Mass, you learn that you or someone in your family who attended Mass with you has tested positive for COVID-19, you are asked to:** a) ***contact the Ontario Public Health Authority;*** and, b) ***contact the parish office.*** Your identity will not be revealed to anyone other than the Public Health Authority and only to ensure that any spread is contained.
- **The parishioners are strongly advised to attend their own parish due to the seating capacity of the church.**

**If you would like to volunteer to help at the parish, please contact the parish office (Email: ststans@eastlink.ca Phone: 705-682-4683).** Separate guidance will be provided to lectors ushers, Eucharistic Ministers, etc.

### **Announcement before Mass**

Welcome back! There are a number of temporary changes including:

- No procession into the church, rather from the sacristy.
- No congregational singing at this time.
- No sign of peace.
- Remain in your pews until ushered out for communion.
- No presentation of gifts. Collection baskets provided at the exit door.
- **Reception of Communion *will be accepted by hand only, for the time being.***
- After Mass, remain in pews until ushered to the exit. Ushers will direct traffic flow. Please exit quietly maintaining physical distancing. Do not congregate at the doors of the church.
- **The parishioners are strongly advised *to attend their own parish due to the seating capacity of the church.***
- We are taking precautions to protect the health and safety of everyone who comes into our churches. However, there can be no guarantees of complete protection from infection; there will always be risks of contracting viral infection in large gatherings of people.
- If you develop COVID-19 symptoms in the days following your attendance at mass, please phone or email the parish office, in addition to contacting your doctor and public health.